

	ōṃ śrīparamātmānē namaḥ	
	atha pañcamō:'dhyāyaḥ	
	karmasannyāsayōgaḥ	

arjuna uvāca

sannyāsaṁ karmaṇāṁ kṛṣṇa punaryōgaṁ ca śaṁsasi |  
 yacchrēya ētayōrēkaṁ tanmē brūhi suniścitam || 5-1 ||

śrībhagavānuvāca

sannyāsaḥ karmayōgaśca niḥśrēyasakarāvubhau |  
 tayōstu karmasannyāsāt karmayōgō viśiṣyatē || 5-2 ||

jñēyaḥ sa nityasannyāsī yō na dvēṣṭi na kāṅkṣati |  
 nirdvandvō hi mahābāhō sukhaṁ bandhātpramucyātē || 5-3 ||

sāṅkhyayōgau pṛthagbālāḥ pravadanti na paṇḍitāḥ |  
 ēkamapyāsthitaḥ samyak ubhayōrvindatē phalam || 5-4 ||

yatsāṅkhyaiḥ prāpyatē sthānaṁ tadyōgairapi gamyatē |  
 ēkaṁ sāṅkhyam ca yōgaṁ ca yaḥ paśyati sa paśyati || 5-5 ||

sannyāsastu mahābāhō duḥkhamāptumayōgataḥ |  
 yōgayuktō munirbrahma nacirēṇādhigacchati || 5-6 ||

yōgayuktō viśuddhātmā vijitātmā jitēndriyaḥ |  
 sarvabhūtātmabhūtātmā kurvannapi na lipyatē || 5-7 ||

naiva kiñcitkarōmīti yuktō manyēta tattvavit |  
 paśyan śṛṇvan spṛśan jighran aśnan gacchan svapan śvasan || 5-8 ||

pralapan visṛjan gr̥hṇan unmiṣan nimiṣannapi |  
 indriyāṇīndriyārthēṣu vartanta iti dhārayan || 5-9 ||

brahmaṇyādhāya karmāṇi saṅgaṁ tyaktvā karōti yaḥ |  
 lipyatē na sa pāpēna padmapatramivāmbhasā || 5-10 ||

kāyēna manasā buddhyā kēvalairindriyairapi |  
yōginaḥ karma kurvanti saṅgaṁ tyaktvā:'tmaśuddhayē || 5-11 ||

yuktaḥkarmaphalaṁ tyaktvā śāntimāpnōti naiṣṭhikīm |  
ayuktaḥ kāmakārēṇa phalē saktō nibadhyatē || 5-12 ||

sarvakarmāṇi manasā sannyasyāstē sukhaṁ vaśī |  
navadvārē purē dēhī naiva kurvanna kārayan || 5-13 ||

na kartṛtvaṁ na karmāṇi lōkasya srjati prabhuh |  
na karmaphalasaṁyōgaṁ svabhāvastu pravartatē || 5-14 ||

nādattē kasyacitpāpaṁ na caiva sukṛtaṁ vibhuh |  
ajñānēnāvṛtaṁ jñānaṁ tēna muhyanti jantavaḥ || 5-15 ||

jñānēna tu tadajñānaṁ yēṣāṁ nāśitamātmanaḥ |  
tēṣāmādityavajjñānaṁ prakāśayati tatparam || 5-16 ||

tadbuddhayastadātmānaḥ tanniṣṭhāstatparāyaṇāḥ |  
gacchantyapunarāvṛttim jñānanirdhūtakalmaṣāḥ || 5-17 ||

vidyāvinayasampannē brāhmaṇē gavi hastini |  
śuni caiva śvapākē ca paṇḍitāḥ samadarśinaḥ || 5-18 ||

ihaiva tairjitaḥ sargaḥ yēṣāṁ sāmyē sthitaṁ manaḥ |  
nirdōṣaṁ hi samaṁ brahma tasmād brahmaṇi tē sthitāḥ || 5-19 ||

na prahr̥ṣyētpriyaṁ prāpya nōdvijētpṛāpya cāpriyam |  
sthirabuddhirasammūḍhaḥ brahmavit brahmaṇi sthitaḥ || 5-20 ||

bāhyasparśēṣvasaktātmā vindatyātmani yatsukham |  
sa brahmayōgayuktātmā sukhamakṣayamaśnutē || 5-21 ||

yē hi saṁsparśajā bhōgāḥ duḥkhayōnaya ēva tē |  
ādyantavantāḥ kauntēya na tēṣu ramatē budhaḥ || 5-22 ||

śaknōtīhaiva yaḥ sōḍhum prākśarīravimōkṣaṇāt |  
kāmakrōdhōdbhavaṁ vēgaṁ sa yuktaḥ sa sukhī naraḥ || 5-23 ||

yōntaḥsukhō:'ntarārāmaḥ tathāntarjyōtirēva yaḥ |  
sa yōgī brahma nirvāṇaṁ brahmabhūtōdhigacchati || 5-24 ||

labhantē brahmanirvāṇaṁ ṛṣayaḥ kṣīṇakalmaṣāḥ |  
chinnadvaidhā yatātmānaḥ sarvabhūtahitē ratāḥ || 5-25 ||

kāmakrōdhaviyuktānām yatīnām yatacētasām |  
abhitō brahmanirvāṇaṁ vartatē viditātmanām || 5-26 ||

sparśāṅkṛtvā bahirbāhyān cakṣuścaivāntarē bhruvōḥ |  
prāṇāpānau samau kṛtvā nāsābhyantaracāriṇau || 5-27 ||

yatēndriyamanōbuddhiḥ munirmōkṣaparāyaṇaḥ |  
vigatēcchābhayaḥkrōdhaḥ yaḥ sadā mukta ēva saḥ || 5-28 ||

bhōktāraṁ yajñatapasām sarvalōkamahēśvaram |  
suhṛdaṁ sarvabhūtānām jñātvā mām śāntimṛcchati || 5-29 ||

ōṁ tatsaditi śrīmad bhagavadgītāsu upaniṣatsu brahmavidyāyām yōgaśāstrē  
śrīkṛṣṇārjunasaṁvādē karmasannyāsayōgō nāma pañcamō:'dhyāyaḥ || 5 ||

With Blessings from:

Sri. Sri. Sugunendra Theertha Swamiji, Puthige Mutt, Udupi, India

Sri Krishna Vrundavana, NJ, USA

<http://krishnavrunda.org/>